

SEPTEMBER 2020

HENRY-SENACHWINE GRADE & JUNIOR HIGH SCHOOL MENU

Juice & Fruit are served daily with breakfast. Milk is served daily with lunch.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FUN FACT!

September 13 is
National Grandparents
Day!

Breakfast: Muffin & Yogurt **1**
Lunch: Sunbutter & Jelly
Sandwich, Goldfish, Celery,
Slushies', Jell-O w/ Mandarin
Oranges

Breakfast: Cereal &
Poptart **2**
Lunch: Turkey Lunchable,
Cucumbers w/ Hummus,
Orange, Rice Krispie Treat

Breakfast: Mini French
Toast, Yogurt **3**
Lunch: Chicken, Bacon
Wrap, Broccoli, Apple,
Teddy Grahams

Breakfast: Cereal, Apple
Frudel **4**
Lunch: Stuffed Cheese Pizza
Pocket, Lettuce Salad,
Carrots, Applesauce Cup,
Cookie

7

NO SCHOOL
LABOR DAY

Breakfast: Donut, Cereal **8**
Lunch: Ham & Cheese Wrap,
Pretzels w/Hummus, Carrots,
Peach Cup

Breakfast: Mini Cinni's,
Yogurt **9**
Lunch: BLT (Bacon, Lettuce &
Turkey/Croissant, Chips,
Cucumbers, Apple Slices
w/Carmel Sauce

Breakfast: Breakfast
Sliders & Cereal **10**
Lunch: Combo Sub, Gold Fish
Broccoli, Apricots, Pudding

Breakfast: Cereal &
Poptart **11**
Lunch: Pepperoni Pizza
Lunchable, Lettuce Salad,
Carrots, Clementine, Rice
Krispie Treat

14

Breakfast: Zucchini
Bread & Yogurt
Lunch: Chicken Strips,
Mashed Potatoes & Gravy,
Green Beans, Blueberries

Breakfast: Scrambled
Eggs & Cereal **15**
Lunch: Taco Stacks, Lettuce
Salad, Fiesta Beans,
Tomatoes, Pineapple OR
SALAD BAR MEAL

Breakfast: Cherry
Strudel & Cereal **16**
Lunch: Grilled Cheese,
Chips, Coleslaw, Broccoli,
Strawberries

Breakfast: Pancakes
& Bacon **17**
Lunch: McRib/Bun, Corn,
Carrots, Watermelon, Teddy
Grahams OR
SALAD BAR MEAL

Breakfast: Muffin &
Yogurt **18**
Lunch: French Bread Pizza,
Cheese Stick, Lettuce Salad,
Cucumbers, Apple Slices,
Cookie

21

Breakfast: French Toast
& Bacon
Lunch: Mini Corn Dogs, Baked
Beans, Carrots, Mandarin
Oranges

Breakfast: Cereal &
Donuts **22**
Lunch: Chicken Patty /Bun,
Mixed Vegetables, Peppers,
Applesauce Cup, Jell-O OR
SALAD BAR MEAL

Breakfast: Biscuits &
Gravy Sausage, Hash Brown
Lunch: Macaroni & Cheese,
Smokie Link, Peas, Peaches,
Goldfish

Breakfast: Breakfast
Pizza & Cereal **24**
Lunch: Hamburger/Bun,
French Fries, Carrots,
Cantaloupe, Ice Cream OR
SALAD BAR MEAL

Breakfast: Honey Bun &
Cereal **25**
Lunch: Mexican Pizza, Salsa
Cup, Lettuce Salad, Apple
Slices, Cookie

28

Breakfast: Pancake
Stick & Cereal
Lunch: Chicken Nuggets,
French Fries, Green Beans,
Mixed Fruit

Breakfast: Sausage
Bagel & Yogurt **29**
Lunch: Turkey Patty/Bun,
Cucumbers & Celery,
Mandarin Oranges OR
SALAD BAR MEAL

Breakfast: Mini Cinni's
& Cereal **30**
Lunch: Hot Dog/Bun, Chips,
Baked Beans, Peppers,
Strawberries

on Sept. 16, 1956
PLAY-DOH was
introduced as a new
toy.

